



PPPL Standards

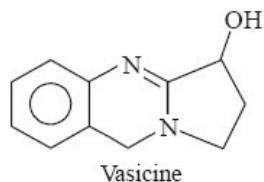
Herbarium sheet

Adulsa (Adhatoda Vasica)

Common name: white vasa, yellow vasa, **English:** Vasaka, Vasa, Adhatoda, **Marathi:** adulasa, **Sanskrit:** atarusa, **Gujarati:** aradusi, **Hindi:** arus

Part used: Leaf- leaves lance-shaped, 10 to 15 centimeters in length by four wide. They are oppositely arranged, smooth-edged, and borne on short petioles.

Active Chemical constituents: Vasicine



Organoleptic characters:

Colour- Brownish-Green

Odour- characteristic

Taste- slightly bitter.

Pharmacological applications: Antitussive and bronchodilatory antioxidant, antibacterial, antifungal, hepatoprotective, antitussive, antiulcer, antiviral, cardiovascular protection, antitubercular, treating cold, cough, chronic bronchitis and asthma, Adhatoda Vasica has been used to control both internal and external bleeding such as peptic ulcers, piles and bleeding gums. to treat respiratory disorders.

Granthokta Ayurvedic application: Khaphanissarak, Krumighna, in treatment of malaria Shwashar, kashar, Raktapittaghna, Jwaragna, Rajyakshama.



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