

PPPL Standards

Herbarium sheet

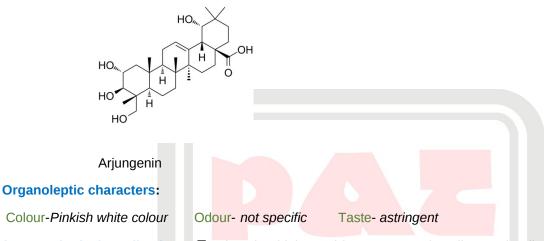
Arjun (Terminalia Arjuna)

Common name: Arjun, English: Arjun, White murdah Marathi: Arjun, Sanskrit: Arjuna, Indradruma

Gujarati: Arjunsadada, Hindi: Arjun

Part used: Bark -bark smooth, grey outside and flesh coloured inside.

Active Chemical constituents: Arjungenin



Pharmacological applications: *T. arjuna is widely used for treatment of cardiovascular diseases, including heart diseases and related chest pain, high blood pressure and high cholesterol*

Granthokta Ayurvedic application: Hrudayotejjak,Raktavikar,Hrudayvikar,Raktakhsay (Ref:Bhavaprakasa Nighantu Page No:523)

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