

Herbarium sheet

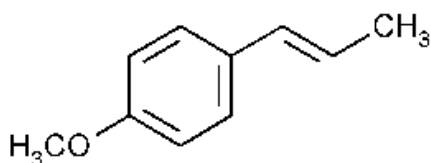
Badishep (*Foeniculum vulgare*)

Common name: Sweet fennel, **English:** Fennel, **Sanskrit:** Bhuripushpa **Gujarati:** Variyali

Hindi: Saunf

Part used: Seeds- The fruit is a dry seed 4–10 mm long. Brown or green in colour when fresh, slowly turning a dull grey as the seed ages.

Active Chemical constituents: Anethole



Anethole

Organoleptic characters:

Colour- Yellowish green-yellowish brown

Odour- Aromatic

Taste- Sweet and Aromatic

Pharmacological applications: Gastro-protective activity, Galactogenic Activity, Antimicrobial and Antiviral Activities, Antioxidant activity, Anti-anxiety activity, Hepato-protective activity, Memory-protective activity.

Granthokta Ayurvedic application: Deepan, pachan, Ajirna, Amatisar, Shwas, Vrukkarog.

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