

Herbarium sheet

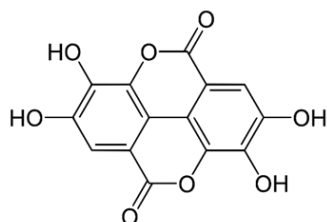
Behada (*Terminalia bellirica*)

Common name: Baheda, Belliric Myrobalan, **English:** Belleric myrobalan, **Sanskrit:** Bibhitakah

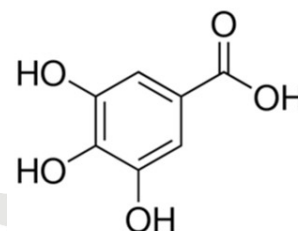
Gujarati: Baheda, **Hindi:** Bahera

Part used: Fruit - Creamy white. Fruit and Seed-Drupe, globose or ovoid, slightly 5 ridged.

Active Chemical constituents: Ellagic acid, gallic acid.



Ellagic acid



Gallic acid

Organoleptic characters:

Colour- Yellowish brown

Odour- Aromatic

Taste- Astringent

Pharmacological applications: Analgesic activity, Anti-diarrhoeal activity, Antihypertensive Effect, Anti-salmonella activity, Anti-Spasmodic and Bronchodilatory Properties, Anti-microbial activity, Antioxidant activity

Granthokta Ayurvedic application:

Khasi, Gale ke rog, Atisar, plihavrudhi Vedanastapak, Shothagna, Dahashamak

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