



# PPPL Standards

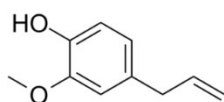
## Herbarium shee

### Bhimseni Kapoor (Cinnamomum camphora)

**Common name:** Camphor, **English:** Camphor, **Marathi:** Karpur, **Sanskrit:** Karpura, **Gujarati:** Karpura **Hindi:** Karpura

**Part used:** extract - Camphor is a colorless or white crystal, granules or crystalline masses;

**Active Chemical constituents:** Menthol, Thymol, Phenol, Salicylic acid and Naphthol are amongst the fragrant chemical constituents obtained from this plant. Campher, Campherol, Cineol, Camphene, dipentene, terpineol, candinene, safrole, camphorace, laurilitsine, reticuline etc. Its bark contains a major constituent as cinnamaldehyde that imparts it the very peculiar odor and flavor. The oil is extracted from the leaf that contains eugenol and iso eugenol that imparts it a very harsh odor.



eugenol

#### Organoleptic characters:

**Colour-** colorless or white crystal,

**Odour-** penetrating and characteristic

**Taste-** Tikta (bitter), Katu (pungent), aromatic, and followed by a sensation of cold

**Pharmacological applications:** It is indicated in all disease that involves the three dosha i.e. vata, pitta and kapha. It is a very good pain reliever. It is very effective in convulsions and respiratory disorders. It removes the bad odor from mouth. It improves taste of mouth. It stimulates heart and improves blood circulation. It first vaso-dilates the arteries and afterwards constrict them. It has a good role in respiratory system as it helps in expelling extra amount of mucus in the respiratory tract. It improves the condition of throat. It increases the urine output. It also works as aphrodisiac agent when given in calculated amount. Amount of sweat also increases by it. It also works as antipyretic agent hence it decreases the aggravated body temperature. Main indication of camphor is in skin infections and fungal invasion on the body thus acting as anti fungal agent.

**Granthokta Ayurvedic application:** Vathar, Deepan, Kaphaghna, Jwargna, Twacharog, Pratidushak, Vedanahar. (Ref: Bhavaprakasa Nighantu Page No: 173)

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