



# PPPL Standards

## Herbarium sheet

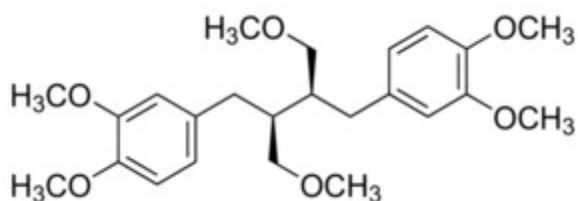
### Bhuiawala (Phyllanthus niruri)

**Common name:** Carry Me Seed, Black catnip, **English:** Gale of the Wind, **Marathi:** bhuiavali,

**Sanskrit:** Bhumyamalaki, **Gujarati:** Bhoi Amali, **Hindi:** Bhumi Amla

**Part used:** Whole plant-The plant grows upright to a height of 30 cm or higher. The stem is green. The leaves are very small, circular or oval shape, Fruits appear stuck to the branch.

**Active Chemical constituents:** Phyllanthin



Phyllanthin

#### Organoleptic characters:

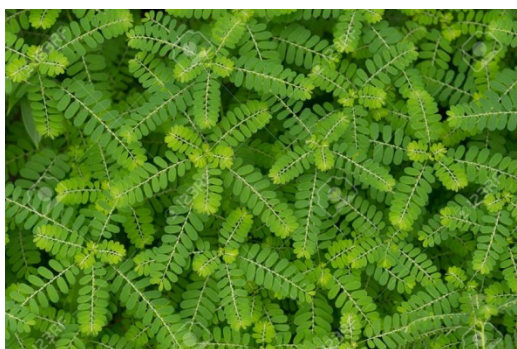
**Colour-** Green to Greenish yellow colour

**Odour-** Characteristic

**Taste-** Slight bitter

**Pharmacological applications:** Antioxidant and Hepatoprotective activity, Antidiabetic - hypoglycaemic action, Anti-inflammatory, antinociceptive and analgesic activity, Hypolipidaemic activity, Cardioprotective activity, Antiplatelet and vasorelaxant activity, Antiplasmodial and nematocidal properties, Antihyperuricaemic activity, Antibacterial activity, Immunomodulatory activity

**Granthokta Ayurvedic application:** Kamala, Yakrutvikar, Plihavrudhi, Maleria, Vranashoth, Twachavikar  
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## PAT PHARMACEUTICALS PVT. LTD.

Yashomangal, Near Old Post Office, Dr. Patwardhan Road,  
PANVEL, Dist. Raigad, Maharashtra, 410206.

E mail id: - [patpharmapvtltd@gmail.com](mailto:patpharmapvtltd@gmail.com); Customer Care No. 022-27456039.

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