



PPPL Standards

Herbarium sheet

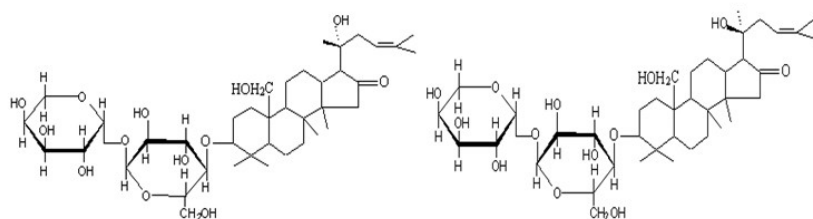
Brahmi (*Bacopa monnieri*)

Common name: **English:** *Thyme Leaved Gratiola*, *Bacopa* **Marathi:** *brahmi, jalbrahmi*, **Sanskrit:** *Brahmi*

Gujarati: *brahmi*, **Hindi:** *jalbuti*

Part used: *Whole plant - Bacopa is a succulent, glabrous, creeping herb, with rooting at nodes, sessile and fleshy leaves, and light bluish, purple or white flowers.*

Active Chemical constituents: *Bacoside A and B*



Bacoside- A

Bacoside-B

Organoleptic characters:

Colour- *greenish brown colour*

Odour- *characteristic*

Taste- *bitter*

Pharmacological applications:

Neuroprotective, Anti-depressant and Anti-anxiety, activity, Anticonvulsant, Anti-epileptic Activity, Antihyperglycemic Activity.

Granthokta Ayurvedic application: *Manasik dourbalya, Amvat, Apasmar, Sardi, khasi*
(Ref: Bhavaprakasa Nighantu Page No: 461)

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