

Herbarium sheet

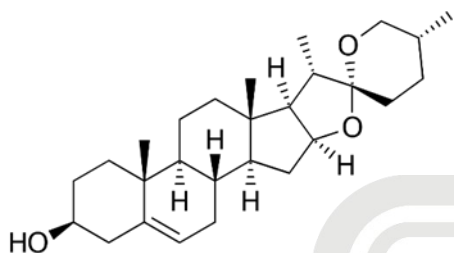
Gokharu (*Tribulus terrestris*)

Common name: Goat head, **English:** Goat head **Marathi:** Gokharu, **Sanskrit:** Gokshura

Gujarati: Betha Gokharu, **Hindi:** Gokharu

Part used: Fruits - round-shaped, compressed, five cornered, and covered with prickles of very light yellow colour. There are several seeds in each crocus with transverse partitions between them.

Active Chemical constituents: Diosgenin



Diosgenin

Organoleptic characters:

Colour-Greyish brown

Odour- not specific

Taste- slightly astringent

Pharmacological applications: Diuretic activity, Antiurrolithic activity, Immunomodulatory activity, Antidiabetic activity, Hypolipidemic activity, Activity in cardiac disorders, Central nervous system (CNS) activity, Hepatoprotective activity, Larvicidal activity

Granthokta Ayurvedic application: Mutrakrucchha, Vrukkavikar, Napusakata, Viryakshinata
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