



# PPPL Standards

## Herbarium sheet

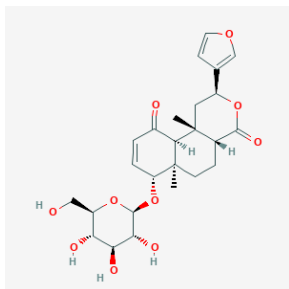
### Gulvel (*Tinospora cordifolia*)

**Common name:** Guduchi and Giloy, **English:** heart-leaved moonseed, **Marathi:** Gulvel, **Sanskrit:** Gelay

**Gujarati:** Galac, **Hindi:** Gelay

**Part used:** Stem- It is a large, deciduous extensively spreading climbing shrub with several elongated twining branches

**Active Chemical constituents:** *Tinosporaside*



Tinosporaside

#### Organoleptic characters:

**Colour-** Creamish brown colour

**Odour-** characteristic

**Taste-** bitter

**Pharmacological applications:** General tonic, anti-spasmodic, anti-inflammatory, antipyretic, anti-arthritic, anti-allergic and anti-diabetic properties. The stem is bitter, stomachic, diuretic, stimulates bile secretions, allays thirst, enriches the blood and cures jaundice.

**Granthokta Ayurvedic application:** Jwarhar, Balya, Deepan, Pittasarak, Janit vikar, Prameha. Jirna vishamjawr,  
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