



PPPL Standards

Herbarium sheet

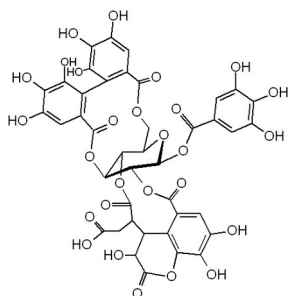
Harada (*Terminalia chebula*)

Common name: Chebulic Myrobalan, **English:** Myrobalan, **Marathi:** Harada, **Sanskrit:** Harithaki

Gujarati: Harade **Hindi:** Harad.

Part used: Fruit - yellowish-brown, ovoid, wrinkled and ribbed longitudinally, pericarp fibrous, 3-4 mm thick.

Active Chemical constituents: Chebulagic acid



Chebulagic acid

Organoleptic characters:

Colour-yellowish-brown

Odour- characteristic

Taste- astringent

Pharmacological applications: laxative, , antispasmodic, Antibacterial activity, Anti-oxidant activity, Hepatoprotective activity, Cardioprotective activity, Antidiabetic and retinoprotective activity, Anti-arthritic effect

Granthokta Ayurvedic application: Virechak, Jirna jwar, Arsha, netrarog, Ajirna, Jirna kas.
(Ref: Bhavaprakasa Nighantu Page No:7)



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