

PPPL Standards

Herbarium sheet

Jambhul beej (SYZYGIUM CUMINI)

Common name: Black plum, English: Black Plum, Marathi: Jambul, Sanskrit: jambavam

Gujarati: Jambu, Hindi: Jaman

Part used: Seeds - green or brown seed, up to 4 cm long.

Active Chemical constituents: Jamboline

Jamboline

Organoleptic characters:

Colour-*Purple* Odour- *Aromatic*

Taste- Bitter

Pharmacological applications: Anti- Diabetic, Antioxidant, Anti-microbial activity, Anti-inflammatory
Anti-diarrhoeal activity, Hepatoprotective

Granthokta Ayurvedic application: *Madhumeha, reduce cholesterol levels in diabetes.* (Ref:Bhavaprakasa Nighantu Page No:570)



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