



# PPPL Standards

## Herbarium sheet

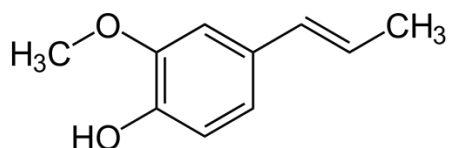
### Jayphal (Myristica fragrans)

**Common name:** Nutmeg, **English:** Nutmeg, **Marathi:** jayaphala, **Sanskrit:** jatiphala

**Gujarati:** jayaphala, **Hindi:** jayaphala

**Part used:** Fruit - .Dried nutmegs are Grayish-brown or yellowish brown ovals with furrowed surfaces about 1-1.5 inches long.

**Active Chemical constituents:** Isoeugenol



Isoeugenol

#### Organoleptic characters:

**Colour-**Grayish-brown or yellowish brown

**Odour-** strong aroma

**Taste-** slightly bitter

**Pharmacological applications:** Anti-inflammatory and analgesic ,Antibacterial and antifungal ,Anticonvulsant activity, Neuropharmacological properties, Antidiabetic, Antiangiogenic Activity  
Memory enhancing activity.

**Granthokta Ayurvedic application:** Kupachan, Atisar, Kapha vatvikar, Sheershool, nadishooi, Prasav kalin katishool, Stambhan, Aamatisar, Stambhak.

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