

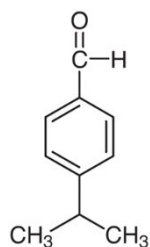
Herbarium sheet

Jire (Cuminum cyminum)

Common name: Jira (Jeera) **English:** Cumin **Marathi:** Jira, **Sanskrit:** Jiraka, **Gujarati:** Jiru, **Hindi:** Jeera

Part used: Seed-4-6 mm in length and about 2 mm wide in size. Its shape is elongated and tapering at both ends

Active Chemical constituents: Cumenic Aldehyde



Cumenic Aldehyde

Organoleptic characters:

Colour- brown, ridges are light in colour

Odour- characteristic

Taste- aromatic

Pharmacological applications: Antimicrobial effect, Antidiabetic effect, antioxidant activity, anti-inflammatory effects, The memory-enhancing and antistress activities, anti-hypertensive, hypocholesterolemic effect, Gastrointestinal Effects, Bronchodilatory effects:

Granthokta Ayurvedic application: Apasmar, Apatantrak, Nidrabhang, Vedanahar, Deepan, pachan, Mastishk vikar, Krumighna

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