

## Herbarium sheet

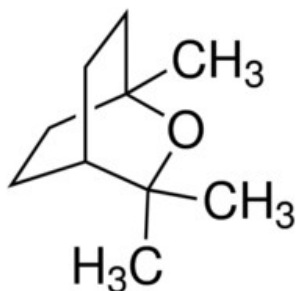
### Kachora (*Curcuma zedoaria*)

**Common name:** White turmeric, **English:** White turmeric **Marathi:** Kachora, **Sanskrit:** Karchura

**Gujarati:** Kachuro **Hindi:** Karchur

**Part used:** Rhizome - The rhizome is 2 to 6 cm long, cylindrical; surface rough due to longitudinal wrinkles

**Active Chemical constituents:** 1,8-cineole



1, 8-cineole

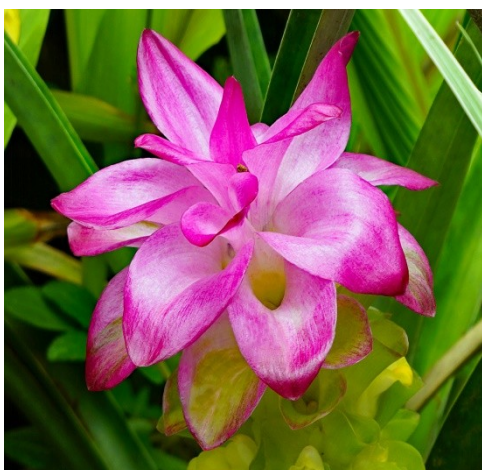
#### Organoleptic characters:

**Colour-**pale yellow or whitish inside **Odour-** fragrance reminiscent of mango **Taste-** Bitter

**Pharmacological applications:** Rhizomes of Karchur are aromatic, cardio-tonic, carminative, diuretic, and anti-spasmodic.

They are used to cure jaundice, cough, hiccups, and respiratory disorders. Essential oil extracted from leaves is used in perfumery and aromatherapy.

**Granthokta Ayurvedic application:** Shool ,Vran rodhak , Sugandhi,Deepan,vatanulomak  
(Ref:Bhavaprakasa Nighantu Page No:247)



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