

Kalmegh (Andrographis paniculata)

Common name: The creat, Kariyat, English: The creat, Kariyat, Marathi: kalamegha, Sanskrit: Bhunimba

Gujarati: kariyatu, Hindi: hara chirayata

Part used: Leaves and stem -Kariyat is an erect annual herb extremely bitter in taste in all parts of the plant. It grows erect to a height of 1-4 ft in moist shady places with smooth leaves and white flowers with rose-purple spots on the petals. Stem dark green, 0.3 - 1.0 m in height, 2-6 mm in diameter,

Active Chemical constituents: andrographaloid



Pharmacological applications: anti-inflammatory, antibacterial, antitumor, antidiabetic, antimalarial, and hepatoprotective, Kills intestinal worms & support intestine, Anti-acne: Protect skin from pimples.

Granthokta Ayurvedic application: diabetes, high blood pressure, ulcer, leprosy, bronchitis, skin diseases, flatulence, colic, influenza, dysentery, dyspepsia and malaria, infectious disease, fever-causing diseases, colic pain, loss of appetite, irregular stools and diarrhea



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