

# **PPPL Standards**

## **Herbarium sheet**

#### Kirayata (Swertia chirayita)

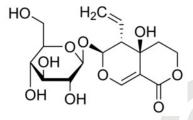
Common name: Chirayita, English: Chitretta Marathi: Chirayita, Sanskrit: Indradruma

Gujarati: Ardhatikta, Bhunimba, Hindi: Chirayata,

Part used: Leaves and stem- Stem is robust and cylindrical below, but four-angled upwards.

Leaves are broadly lanceolate, opposite, sessile, about 10 cm long, acute at tip, and five nerved.

**Active Chemical constituents:** Sawertiamarine



Sawertiamarine

#### Organoleptic characters:

Colour- Green.

Odour- Extremely bitter

Taste- Bitter

Pharmacological applications: antibacterial, antifungal, antiviral, anticancer, anti-inflammatory, and others like antidiabetic and antioxidant activities

#### **Granthokta Ayurvedic application:**

Deepan, Pachan, Jwarhar, Dahaprashmana, Pittavirechak, krumighna Vishamjwar, jirnajwar, Yakrut vikar, kamala Pandu, Gandamala.

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