



PPPL Standards

Herbarium sheet

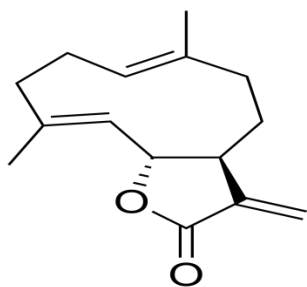
Kushta (*Saussurea lappa*)

Common name: *costus or kuth*, **English:** *Costus* **Marathi:** *kushtha*, **Sanskrit:** *Kustha*

Gujarati: *Upaleta*, **Hindi:** *kuth*

Part used: Root - Dried roots are Greyish to dull brown in colour long, possessing a penetrating aromatic odour. Bitter in taste,

Active Chemical constituents: *costunolide*



costunolide

Organoleptic characters:

Colour-deep brown or rust

Odour- aromatic

Taste- Bitter

Pharmacological applications: *Angiogenesis effect, anti-arthritic, anti-convulsant, anti-inflammatory, anti-ulcer, anti-viral and Hepatoprotective activities, Gastric function, Gastro-protective effect*
Anti-ulcer activity, Anti-hepatotoxic activity

Granthokta Ayurvedic application:

Kaphnisarak, mutral, Vranarodhak, Twakdosahar, Jalodhar, Shirshool, Tamakshwas, jirna charmarog, Vatrog, Deepan, Pachan

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