

PPPL Standards

Herbarium sheet

Miri (Piper nigrum)

Common name: Black Pepper, English: Black Pepper, Marathi: Kali miri, Sanskrit: Marich

Gujarati: Kalomirich, Hindi: Kali mirch

Part used: Fruits: Round, berry-like, up to 6 mm in diameter, green at first but turning red as they ripen, each containing a single seed. 50-60 fruits are borne on each spike.

Active Chemical constituents: Piperine

Piperine

Organoleptic characters:

Colour-blackish grey

Odour- aromatic

Taste- pungent

Pharmacological applications: Bioavailability Enhancement, Cholesterol Lowering and Immune Enhancer, Natural Antioxidant, Anti-pyretic, Improves Digestion and Promotes Intestinal Health.

Granthokta Ayurvedic application:

Pachak, Agnidipak, Pravahika, Jwarghana, Vishamjwar, Khasi, Charmavikar, Phode funsi, Dantashool, sheershool (Ref: Bhavaprakasa Nighantu Page No:18)



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