



PPPL Standards

Herbarium sheet

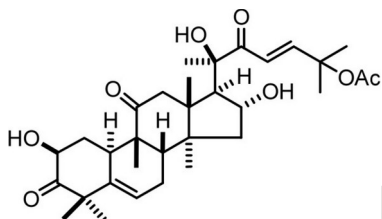
Patol (*Trichosanthes dioica*)

Common name: Pointed gourd, **English:** Pointed Gourd, **Marathi:** Tondule, **Sanskrit:** Patola

Gujarati: Parval, **Hindi:** Parwal

Part used: Leaves and fruits - leaves are ovate, oblong, not lobed, Fruits are round, dark green with white stripe length up to 8 cm

Active Chemical constituents: Cucurbitacin-B



Cucurbitacin-B

Organoleptic characters:

Colour-Green

Odour- Odourless

Taste- Characteristic

Pharmacological applications: Antipyretic activity, Antidiabetic activity, Cholesterol-Lowering Activity, Antihyperglycaemic activity, Antioxidant activity, Hepatoprotective activity

Granthokta Ayurvedic application:

Kaphagna, Jwarnashak, Kamala, raktavikar, Kandu, kushta, jirnajwar, dahaRechakDeepan, pachan, Balya.
(Ref: Bhavaprakasa Nighantu Page No: 686)



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