



PPPL Standards

Herbarium sheet

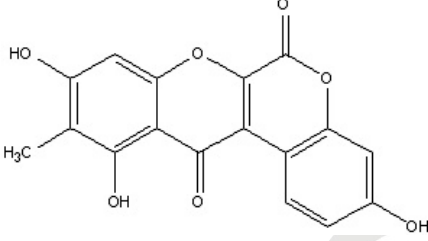
Punarnava (*Boerhavia diffusa*)

Common name: Red hogweed, **English:** spreading hog-Weed, **Marathi:** Punarnava, **Sanskrit:** Punarnava

Gujarati: Arjunsadada, **Hindi:** Punarnava

Part used: Root - The rootstock is woody, tapering, light yellow, brown or brownish grey in colour.

Active Chemical constituents: Punarnavine



Punarnavine

Organoleptic characters:

Colour-yellowish brown

Odour- characteristic

Taste- bitter

Pharmacological applications: obesity, killing intestinal worms, Asthma, anemia, nervous weakness, paralysis, constipation and cough

Granthokta Ayurvedic application: Virechan, Deepan, kaphaghna, Shoth, Kamala, Vrushchik dansh, Sarpadansha, Mushakvisha, Netrarog.

(Ref: Bhavaprakasa Nighantu Page No: 424)



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