

Herbarium sheet

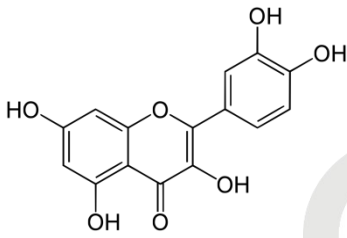
Rasna (*Alpinia galanga*)

Common name: Thai Ginger, **English:** siamese Ginger, **Marathi:** kosht-kulinjan, **Sanskrit:** dhumparastma

Gujarati: Kolinjan, **Hindi:** bara-kalijan

Part used: Stem and Leaf -The plant is a rhizomatous, perennial herb, and attains a height of about 1.5–2.5 m. The rhizome is very prominent and aromatic. Externally, it is reddish brown-white and internally reddish-white. Leaves are leathery, about 30–60 cm long and 10–15 cm, glossy on both surfaces, lanceolate and smooth, with white margins.

Active Chemical constituents: Quercetin



Quercetin

Organoleptic characters:

Colour-Light brown

Odour- Aromatic

Taste- Acrid

Pharmacological applications: Antimicrobial Activities, Immunomodulatory and Anti-oxidant Effects, Antiplatelet and Hypolipidemic Activity, Antidiabetic Effects, Antiplatelet and Hypolipidemic Activity

Granthokta Ayurvedic application: Sardi, jukam, amvat, khansi, Shwas, Madhumeha, Vatanulomak (Ref: Bhavaprakasa Nighantu Page No:46)



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