

PPPL Standards

Herbarium sheet

Sarpagandha (Rauvolfia serpentina)

Common name: Indian Snakeroot, English: Indian Snakeroot, Marathi: nakuli, Sanskrit: Sarpagandha

Gujarati: Sarpagandha, Hindi: Sarpagandha

Part used: Root -. Roots nearly vertical, tapering upto 15 cm thick at the crown and long giving a serpent-like appearance, Roots greenish-yellow externally and pale yellow inside

Active Chemical constituents: Serpentine

Serpentine

Organoleptic characters:

Colour-Greenish-yellow externally and pale yellow inside

Odour- odourless

Taste- bitter

Pharmacological applications: Alzheimer's, hypertensive and neurological Disorders, CNS disorders, high blood pressure

Granthokta Ayurvedic application: Nidrakar, Shamak, Jwarhar, Garbhashay Uttejak, Mansaik prakshobh, Bhram, Raktachap, Anidra, Chidchidapan, tanav, control heartbeats (Ref: Bhavaprakasa Nighantu Page No: 82)





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