



PPPL Standards

Herbarium sheet

Shankhapushpi (*Convolvulus pluricaulis*)

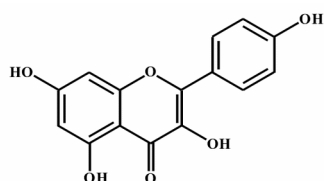
Common name: Prostrate Bindweed, **English:** Speedwheel, **Marathi:** Shankhpushpi, **Sanskrit:** Shankhpushpi

Gujarati: Sankhawali, **Hindi:** Shankhahuli

Part used: Leaves and stem- Stem -Prostrate or ascending, branching basally, Slender, cylindrical

Leaf- Simple, Linear to oblong, oblanceolate to lanceolate

Active Chemical constituents: Kaempferol



Kaempferol

Organoleptic characters:

Colour-- Greenish brown

Odour- astringent

Taste- Bitter

Pharmacological applications: Antidepressant activity, Effect on learning and memory Anticonvulsant activity, Memory improving drug, a psychostimulant and reduce mental tension. Brain tonic in hypotensive syndromes.

Granthokta Ayurvedic application: In treatment of manasrog, anidra, bhram (Ref: Bhavaprakasa Nighantu Page No: 454)



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