

PPPL Standards

Herbarium sheet

Shivlingi (Bryonia laciniosa)

Common name: Marble Vine, English: Marble Vine, Marathi: Shivlingi, Sanskrit: Shivlingi

Gujarati: Shivlingi, Hindi: Shivlingi

Part used: Seed- The seeds of B. laciniosa are known as 'Shivlingi' because the upper surface of seeds has a marking and morphology, which resembles 'Shivling', icon of Lord Shiva, a popularly worshiped deity by Hindus.

5-6 mm long, yellowish cocoa.

Active Chemical constituents: Punicic acid

Punicic acid.

Organoleptic characters:

Colour-Yellowish

Odour- not specific

Taste- pungent, bitter

Pharmacological applications: Uterine tonic ,Fertility booster , Aphrodisiac ,Spermatogenic Antioxidant ,Anodyne, Anti-inflammatory, Carminative, Anti-fungal, Antimicrobial, Antihyperlipidemic Anti-diabetic,Antipyretic

Granthokta Ayurvedic application: Uterine tonic, Infertility





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