



PPPL Standards

Herbarium sheet

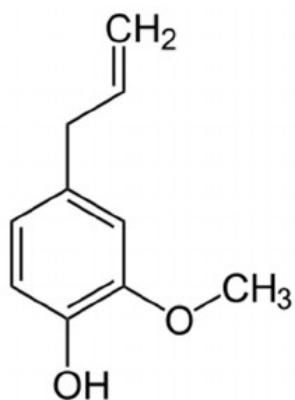
Tulsi (*Ocimum sanctum* L.)

Common name: *holy basil*, **English:** *holy Basil*, **Marathi:** *Tulsi*, **Sanskrit:** *vrinda*

Gujarati: *Tulsi*, **Hindi:** *tulsi*

Part used: *Whole Plant*. - It is an erect, much branched, fragrant and erected plant attaining a height of about 30-60 cm when mature. Its aromatic leaves are simple, opposite, The Tulsi flowers are small having purple to reddish colour, The fruits are small and the seeds yellow to reddish in colour

Active Chemical constituents: *Eugenol*



Eugenol



Organoleptic characters:

Colour-Light brown

Odour- aromatic

Taste- slightly pungent,

Pharmacological applications: *common cold, headache, cough, influenza, earache, fever, colic pain, sore throat, bronchitis, asthma, hepatic diseases, Malarial fever. boosting up the immune system It protects from nearly all sorts of infections from viruses, bacteria, fungi and protozoa*

Granthokta Ayurvedic application: *Kas shwas, vishamjawar, kaphanisarak, Krumighna*
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