

PPPL Standards

Herbarium sheet

Vavding (Embelia ribes)

Common name: Embelia English: Embelia , Marathi: Vavding, Sanskrit: vidanga

Gujarati: Vavding, Hindi: Vidanga

Part used: Fruits -Fruits are 2.4-4.0 mm in diameter and globular with warty surface, smooth, succulent.

The colour of fruit is dull black and rarely dull red.

Active Chemical constituents: Embelin

Embelin

Organoleptic characters:

Colour-Blackish brown

Odour- Distinct

Taste- astringent

Pharmacological applications: antibacterial ,antifertility, antiprotozoal, abdominal disorders, lung diseases, constipation, indigestion, fungus infections, mouth ulcer, sore throat, pneumonia, heart disease and obesity, analgesic, anti-inflammatory, antioxidant, anthelminthic, anti-diabetic, anticonvulsant, anticancer, anti-hyper lipidemic, wound healing

Granthokta Ayurvedic application:

Krumighna, Vatanulomak, deepan, Pachan, Arsha, Sangrahani, Sukhandi, Agnimandhya, Kandamala. (Ref:Bhavaprakasa Nighantu Page No:52)

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