

Herbarium sheet

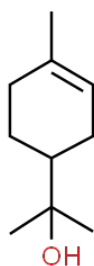
Velchi (Elettaria cardamomum)

Common name: Cardamom, **English:** Cardamom, **Marathi:** Velchi, **Sanskrit:** Ela,, **Gujarati:** Elayachi,

Hindi: Elayachi

Part used: Fruits - Fruits are 1-2cm long three sided, three chambered, yellow green pods surrounding several black and brown seeds

Active Chemical constituents: a-terpineol



a-terpineol

Organoleptic characters:

Colour-Light brown. **Odour-** Aromatic, spicy, somewhat camphoraceous **Taste-** Pungent, cooling sensation

Pharmacological applications: Antibacterial Activity, Gastroprotective Activity, Blood Pressure Lowering, Anti-inflammatory, Analgesic & Antispasmodic Activity, seeds are used as abortifacient, alexiteric, aromatic, acrid, sweet, cooling, carminative, cardiac tonic, digestive, diuretic, expectorant, stimulant, and tonic, beneficial in asthma, bronchitis, strangury, haemorrhoids, , anorexia, dyspepsia, gastropathy and burning sensation.

Granthokta Ayurvedic application: Shwas, kas,Ajirna,atisar, Nadishool
(Ref:Bhavaprakasa Nighantu Page No:223)



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