



PPPL Standards

Herbarium sheet

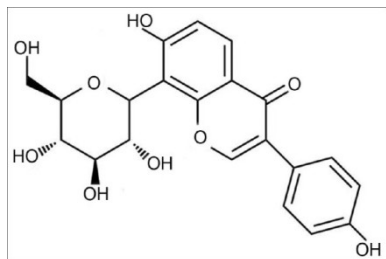
Vidarikand (Pueraria tuberosa)

Common name: Indian Kudzu, **English:** Indian Kudzu, **Marathi:** Bhuikohala, **Sanskrit:** Bhoomi kushmand

Gujarati: Vidarikanta, **Hindi:** Vidarikand

Part used: Root -Tuberous roots are globose or pot-like, up to 60 cm long and 30cm thick, weight approx. 5 to 10 kg, up to 35kg

Active Chemical constituents: puerarin



Puerarin

Organoleptic characters:

Colour-white

Odour- not specific

Taste- starchy, sweet

Pharmacological applications: The roots are said to be used in medicine as a demulcent and refrigent in fevers, as cataplasm for swelling of joints, and as lactagogue. It is also emetic, galactagogue and tonic.

Granthokta Ayurvedic application: Dugdhavrudhi, stanyajanana, Poushtik,
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